

Beachside...

Saunter across undiscovered places and discover the best kept secrets along the Upper Bay of Fundy



Happy Summer, fellow adventurers!

"Excuse me! What is a mudlarker?" was the question shouted at me from a neighbouring car last week. The official definition is: "A mudlark is someone who scavenges the banks and shores of rivers for items of value, a term used especially to describe those who scavenged this way in London during the late 18th and 19th centuries." Truth be told, I just love to look across the beaches to see something glinting in the sunshine. Darting here and there to examine a shell, mermaid's tear or mermaid's purse is gratifying. Do I pick the items up? Generally the answer is no, but I do try to capture a picture, the next best thing. I am a proud mudlarker! of the 21st century! Happy Summer and join us on the beach sometime!

Anna

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WHAT IS...

...a mudlarker?

Read all about it in our intro for July.

2

FIVE ISLANDS PROVINCIAL PARK

July Tour Schedule

3

Rockin' It!
Hands on geology
tour with Louise
Leslie, geoscientist.

Meeting of the Waters? Two Islands Circumnavigation?



Get your Certificate! Email us for July dates!
ParrsboroShoreTours@gmail.com



Custom Tours are our speciality!

Ocean floor tours are crowding the calendar but it's never too late to check if a specific date has become available for when you are visiting the Parrsboro area. You have choices! Go to the website to check out the updated tour options!

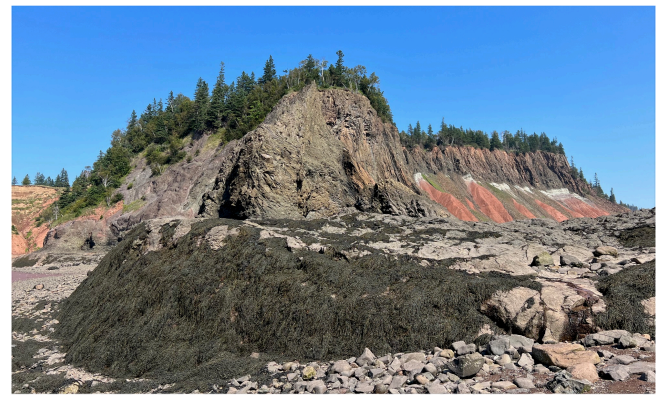
<https://ParrsboroShoreTours.ca>

Fun and safety go hand in hand during a Tide Rollers & Mudlarkers Custom Tour:

We listen to your request, check the tides and get back to you to confirm the booking. Then, a week or two before your outing we check again, and on the day of your booking we check the weather and tides once more.

The tides are affected by the weather and that means we could experience higher waves and faster moving water, not to mention strong winds during an ocean floor excursion.

We always ask our tour participants to come prepared with extra layers for warmth or rain gear in case of sudden changes in temperature. Just last week we were getting out of the car, ready for a tour along the Jurassic Sandstone Cliffs in Soley Cove, when we heard a low rumble: thunder followed by lightning. We all froze momentarily until the heavens opened up and I announced that the tour plans would have to change. Fortunately, I was free the next day and so were my clients. We had the most amazing excursion the following day. Flexibility when booking your excursions is key! I will not compromise your safety no matter how tight my participants' travel schedule might be!



Five Islands Provincial Park - July 2024

Monday, July 1st, Saturdays, July 13th & 27th

Understanding the Highest Tides in the World
Interpretive Beach Walk, 3 - 5 pm - FREE

Tips welcome to offset expenses

Saturdays, July 6th & July 20th

Mid-day Eco Interpretive Hike to the Old Wife Formation - 10 am - noon \$10/person, children 12 and under free

Wednesday, July 17th **Rockin' Around Five Islands Beach!** Join geoscientist Louise for a hands-on pebble extravaganza! Limited to 6 participants Details below!

Come out and join us soon to learn something new about this geologically rich area!

ROCKIN' AROUND FIVE ISLANDS BEACH:

Join Louise Leslie, experienced geoscience educator, on a geological journey that spans more than 300 million years on site in Five Islands Provincial Park. Discover a multitude of colourful pebbles as you walk along the beach and learn how to unravel the stories within them during hands-on activities using your personal GeoLearns field kit. This kit is yours to keep and use over and over in the future as you dive deeper into the geology of your surroundings wherever you go.

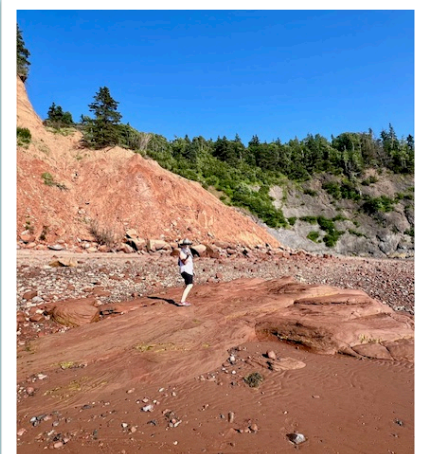
The kit is made up of a GeoLearn Pebble Guide workbook, 10x hand lens, ruler, pencil, marker and field journal. Samples bags are provided for any keepsake pebbles you may choose to take home.

A snack and beverages are included in the registration, please advise of food sensitivities at time of registration.

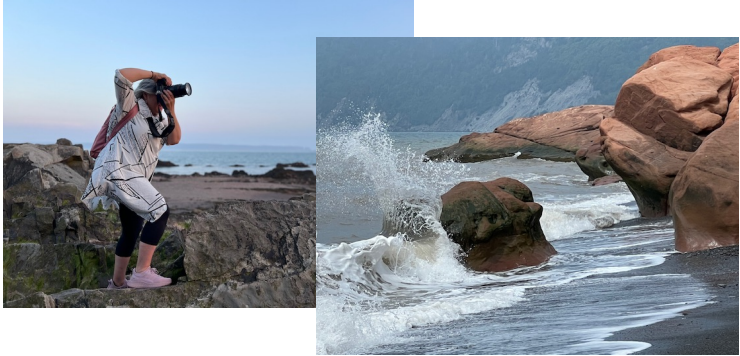
July 17th, 2024 - 1 - 4 pm, \$ 120/person or \$200/couple

We meet at Day Use Area parking lot in Five Islands Provincial Park
Pre-registration required, limited to 6 participants.

Email: parrsboroshoretours@gmail.com to reserve your spot!

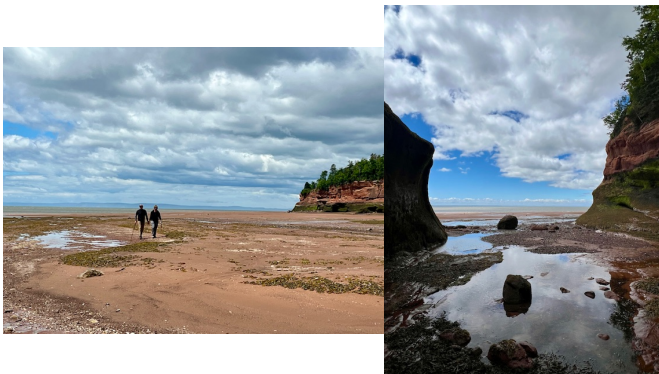


The Art of Saying YES to New Experiences and Challenges!



June went by in a flash and I can't believe it is time for the next newsletter already. My absolute highlight this month was the time I spent with [Sylvie Mazerolle](#) from Dieppe, NB. Read about it [here](#)

We quickly realized how much we had in common and how passionate we both are about travel, adventure and sharing great experiences with others. I just got off FaceTime with Sylvie. We are collaborating on a women's retreat that incorporates photography and well-being! Stay tuned for more information. Subscribe to the blog and be the first to find out details and register!



Once again I welcomed tour participants that found me via the Keep Your Daydream YouTube Channel. It was such a pleasure to meet KYD followers and supporters. I can hardly believe that it was only one short year ago that Tricia, Marc and Caleb explored Soley Cove with me. I have lost track of how many wonderful people I have met through [their feature video](#)!

June was fantastic for building new tours and marking new-to-me territory, especially getting familiarized with Five Islands Provincial Park. What a fantastic place to capture sunsets, view and explore the array of geological formations. Meeting like-minded people is a special bonus! I can hardly express my gratitude for the opportunity presented. Tours are in full swing (see page 2 for details). There is always something new to discover and observe. All we need is an open mind!



Last but definitely not least... I had the opportunity to learn something completely new! I have never been in a kayak, leave alone on the Mighty Bay of Fundy! When [NovaShores Adventures](#) in Advocate Harbour advertised an introductory kayak course I decided to jump in... and I pulled my two friends Anne and Deena right along with me. We had THE BEST TIME! June 29th, 2024 will forever be etched in our minds as we learned to maneuver a sea kayak, pick up basic paddle skills and enjoyed the sun and waves with friends!

