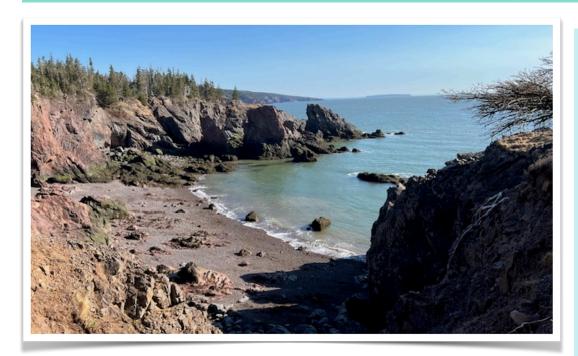
NEWSLETTER_03 AUGUST 1, 2024

Beachside...

Saunter across undiscovered places and discover the best kept secrets along the Upper Bay of Fundy



Let's Welcome August!

The summer is progressing so fast. I can't believe it is August already. The newsletter has been on my mind for days but it wasn't until today, the date to drop the new edition, that I found the time to sit down, organize my thoughts and photographs and start typing. I am grateful for the established template because it makes the task a little easier.

I can't complain about idleness this summer... with new tour inquiries still arriving on a daily basis I can honestly say that August 2024 will be my busiest month since I launched Tide Rollers & Mudlarkers officially in 2023. Bookings arrive via Tourism Nova Scotia, Keep Your Daydream and Parrsboro's own Pleasant Street Inn. The calendar for September is beginning to fill nicely. So, don't delay! **Anna**



AUGUST...

...busiest tour month so far!

Read all about it in the intro.

2

TWO ISLANDS & MEETING OF THE WATERS

Book a tour! Details on page 2

3

Wondering about an overnight backpacking excursion?
Check it out!!! page 2

Meeting of the Waters? Two Islands Circumnavigation?





Get your Certificate! Email us for August dates! ParrsboroShoreTours@gmail. com



Custom Tours are our speciality!

Ocean floor tours are crowding the calendar but it's never too late to check if a specific date has become available for when you are visiting the Parrsboro area. You have choices! Go to the website to check out the updated tour options!

https:// ParrsboroShoreTours.ca BEACHSIDE, EDITION 3 AUGUST 2024

Tide Rollers & Mudlarkers Special Tour Opportunity:

Here at the Bay of Fundy we are proud to tell everyone: We have the Highest Tides in the World! With that come some rare opportunities...

During the summer months we have the chance to explore one very special location, Parrsboro's Two Islands, Big Brother & Little Brother, also known as Eagle and Gull. Don't miss the rare opportunity to experience either the Meeting of the Waters or the Circumnavigation of Two Islands. This is only possible in a safe manner during a handful of days following the full moon.

Group size is limited to four participants to ensure a safe and customized experience. We believe in smaller groups to minimize the impact on the natural, fragile habitat of the Atlantic Mud-Piddock and any of the shallow tide pools along the way.

Book your limited edition tour now. Refer to dates and prices on the right.

Email <u>parrsboroshoretours@gmail.com</u> and put "Meeting of the Waters" or Two Islands Circumnavigation" into the subject line. Questions are welcome! Make some summer memories... These dates won't last!



Two Islands Circumnavigation & Meeting of the Waters Dates for August 2024

The following dates lend themselves to the rare "Meeting of the Waters" Experience:

August 22nd, August 24th and August 25th, 2024 Please contact us for exact times and meeting place. We have a few ground rules to make this a positive and memorable experience. Limited to 4 participants. \$ 45/person

Two Islands Circumnavigation Excursion:

Friday, August 23rd, 2024, 7:45 am - 12:45 pm Limited to 4 participants; intermediate fitness level and above (this is not a beach walk), carefully timed guided event. This event includes the Meeting of the Waters experience. \$50/person, includes certificate of completion..

EMBRACING CHALLENGES - SETTING NEW GOALS:

We are always stretching ourselves to create new experiences for our clients! Lately I have had conversations with female day hikers who want to test the "overnight back country option". Many women are not sure if multi-day hikes are for them and how to get started. There is the equipment to consider, a significant financial investment. And there are questions, many of them not thought of till we hit the trail. We listened and created a new one-on-one female only (for now) experience for those of you looking to test the next level of hiking. Register for an overnight back-country hiking excursion, no experience necessary. We provide the basic camping equipment including the backpack. Experience nature up close: Duration: Two days, one-night hiking and backpacking excursion tailored to the participant's fitness level. (2 hour face-to-face planning meeting, in person or virtual, included), Cost \$ 550, led by a OCC certified field leader.



BEACHSIDE, EDITION 3 AUGUST 2024

July 2024 - A Whirlwind of Events and Activities: Recap in Pictures



July started with a well attended Five Islands Provincial Park Interpretive Beach Walk. Folks from across Canada participated and the weather was perfect to commemorate July 1st.



There were misty mornings, glorious sunsets, first mushrooms of the season, hikes with friends, and tour participants we met as strangers and parted with as friends...!

The Upper Bay of Fundy always has something in store. With each tidal change we get to explore the glorious red mud... discover sea life (it was returned to the water!) and we are grateful for the restoration of the waterfalls after serious rain storms! There was ice cream with family, the meeting of the waters...



...and then there was the opportunity to experience a Three Sisters Kayak excursion because an emergency called our family away early and I was left with two tickets...





